# HAWTHORNE POLICE DEPARTMENT

# PERSONAL SAFETY WORKSHOP

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POINTS TO REMEMBER ABOUT PERSONAL SAFETY!

# PERSONAL SAFETY WORKSHOP

## I. SAFETY AT HOME:

- Always keep doors locked with deadbolt locks.
- Uses door viewer.
- Make sure you know who is at the door before you open the door
- Ask for identification from unexpected persons posing as emergency or repair personnel
- Maintain good lighting at all entrances.
- Know your neighbors and work out mutual watch.
- Engrave your personal belongings with CDL #
- Do not hide spare keys outside
- Avoid pranks that resemble suspicious behavior

✓ ***Create a safety plan with several scenarios in mind:***

1. Home invasion
2. Burglary
3. Strangers requesting help (i.e. can I use your phone, domestic violence victims, etc.)

## II. SAFETY IN OUR COMMUNITY:

- There is safety in numbers/ walk in a group
- Let family members know when to expect you home
- Always lock your vehicle doors when driving
- Park in well-lit areas
- Scan area before leaving your car
- Have your car and house keys ready
- Avoid using headsets/ electronics when you are out in about.
- Women driving alone should never stop to aid a stranger in a stalled car
- Watch your conversations in public (are you talking too much about your business?)
- Do not be predictable/change routes and routines

✓ ***Create a safety plan with several scenarios in mind:***

1. Car jacking
2. Car accident confrontation
3. Street Robbery
4. Physical attack/ witness or victim

## III. SAFETY AT SCHOOL AND AT WORK:

- Report suspicious or alarming behavior (i.e. odd cars, trespassing solicitors, unclaimed packages, aggressive behavior, and criminal surveillance)

- Employee's with extreme domestic issues (i.e. Divorces, bankruptcy, and other family problems)
- Follow your company's security protocol regarding lost keys, employee ID cards, uniforms and equipment
- Post emergency numbers
- Check elevators, restrooms, stairwells before entering
- Disgruntled employees

✓ ***Create a safety plan with several scenarios in mind:***

1. Take over robbery
2. Extreme violence by a fellow employee or a family member of an employee
3. Incidents involving multiple assailants
4. Crime in progress

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